



FALL

Lifeguarding Re-Certification Course

South Milwaukee Recreation Department

Red Cross Certified Instructors: Taylor York & Kasia Brzezicka

Purpose

The primary purpose of the American Red Cross Lifeguarding Re-Certification Course is to refresh knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide professional-level care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over. This Re-Certification Course also provide currently certified lifeguards the opportunity to get recertified without going through the Long Lifeguard Training Class. Class will be held in the South Milwaukee Middle School Pool at 901 15th Ave South Milwaukee WI 53172

Directions: The parking lot is on the east side of the High School (between football field and fieldhouse), east of 15th Avenue and off of Oak Creek Parkway. Walk up the hill and go through Entrance #34, then go left down the hallway and through the multiple doors on left. You will then have access to the pool.

Class Dates and Time

Tuesday, November 5	5:30-8:30
Wednesday, November 6	5:30-8:30
Thursday, November 7	7:00-8:30
Monday, November 11	5:30-7:30
Wednesday, November 13	5:30-8:30



Report to the Middle School Pool. Age requirement: 15

Registration

Registration is now being accepted by mail or in person on a first-come, first-served basis at the South Milwaukee Recreation Department, Room #1100, 901 15th Avenue, South Milwaukee, WI 53172. Walk-in registration is possible, Monday-Friday, 8:00—4:00 PM. We are located on the east side of the High School. You may park your car in the East lot and enter the building through door #24. The Recreation Office is located just inside of door #24 and the building is labeled COMMUNITY RECREATION & FITNESS CENTER. You may also visit our website (www.smrecdept.org) and register on-line.

Registration Code & Fee

Activity code: RX100.104 Course fee: Residents \$100; Non-Residents \$110

Prerequisites

Candidates must:

1. Hold a current Red Cross Lifeguarding certification.

Certification Requirements

Candidates must:

- Attend all training sessions.
- Actively participate in all course activities, including assuming various roles during scenarios.
- Demonstrate competency in all required skills.
- Pass the final skills scenarios.

**Successfully pass final written exams with a minimum grade of 80%. If a participant fails to reach the minimum 80% on the final written exam, a retest is allowed using the other version of the exam, provided that the participant has passed the practical assessment.*

Certificate Issued and Validity Period

The American Red Cross certificate for Lifeguarding/First Aid/CPR/AED is valid for 2 years.

Participant Materials

American Red Cross Lifeguarding Manual (online-free)

Job Opportunities

South Milwaukee Recreation Department Lifeguard / Swim Instructor!





REGISTRATION FORM

MAIL REGISTRATION:

South Milwaukee Recreation Dept.
 901 15th Avenue
 South Milwaukee, WI 53172
 417-766-5081 or 414-766-5082
 www.smrecdept.org

WALKING IN REGISTRATION

South Milwaukee High School
 901 15th Avenue
 Park on the east side of the high school
 Enter through Door #24

PART 1 - FAMILY INFORMATION (please print clearly)

Family Last Name: _____ First Name: _____

Address: _____ City: _____ Zip: _____

Home Ph:() _____ - _____ Business Ph:() _____ - _____ Cell Ph:() _____ - _____

E-Mail Address: _____

PART 2 - SIGN THE WAIVER/RELEASE

I, the undersigned do hereby agree to allow the individual named herein to participate in the activities indicated. I am aware and understand there may be potential risk inherent with participation in any recreation activity, and that the School District of South Milwaukee does not provide accident insurance and cannot assume responsibility for injury to any participants in the recreation programs.

I further understand the eligibility requirements for the program as stated in the department brochure or flyers and that there is no transfer of fees allowed or refunds given unless the department changes a class. I also agree to allow publication of any photos taken of me or the participant (S) at any program, event, or facility of the South Milwaukee Recreation Department.

I have read and fully understand the concussion protocols for athletes and will turn in the Concussion Parent/Athlete Agreement Form at the time of registration. This form and additional concussion information is available online at www.smrecdept.org. You may also pick up the form in the Recreation Dept. Office.

Participant/Parent/Guardian Signature _____

Date _____

PART 3 - PARTICIPANT INFORMATION

Participant Name	M/F	Date of Birth	Grade	Activity Name	Activity Code	Fee

Special Information (i.e. medical, physical, allergies): _____

Total: \$ _____ Check # _____ Cash _____ Money Order _____

Make checks or money order payable to the South Milwaukee Recreation Department

Please Circle the Youth T-Shirt Size if one is given as part of the registration **XS S M L XL**